

This cheat sheet reveals 5 quick “hacks” for mastering conversation. Each hack will help you make deeper connections and have fluid, fun conversations with women.

### Hack #1: Ask the Right Questions

The right questions allow women to open up to you and talk about the stuff they really care about.

The key is to balance short answer questions with open-ended questions.

Short answer questions only require a short response. For example:

- “Where did you go to school?”
- “What do you do?”
- “Where are you from?”

Open-ended questions require a deeper and more extended response. For example:

- What was it like growing up there?
- What do you like about your job?
- What made you decide to study that?

Mix these questions into your conversations.

(For more on this, check out this article: [How to Ask the Right Questions to Open Up Any Conversation](#))

### Hack #2: Listen and Relate Back

When she’s telling you about herself, actively listen to her, and follow-up to her responses. Provide some sort of feedback, even if it’s as simple as repeating back what she said.

For example, if she tells you about how she loved studying abroad in Spain, you could respond with, “That’s awesome that you lived in a different country. What did you think of the Spanish culture?”

This shows that you listen and you “get it”.

### Hack #3: Convey Emotions Instead of Stating Facts

Women connect with emotions, not stats.

So, when you’re talking about yourself, focus on highlighting qualities instead of stats.

For example, let’s say you’d like her to think you’re an adventurous guy. When she asks you what you like to do for fun, you can tell her something like, “I love to travel. There’s something about walking down a street in a foreign country, looking around, and taking it all in. I love the ridiculousness of it all – and seeing with my own two eyes that the world isn’t as scary as people would have you believe.”

Notice how that’s different from saying, “Well, I travel a lot. I’ve been to 12 different countries.”

**Remember: Qualities over stats. Emotions over facts.**

### Hack #4: Tease Her the Right Way

Teasing is amazing for building connections, making her laugh, and creating a playful, fun vibe.

But you must tease her the right way for it to be effective.

**Here’s what you need to AVOID when teasing women:**

- Sensitive topics (i.e. physical features, social skills, intelligence, family, etc.)
- Critiquing her (teasing her about things you don’t like about her)
- Putting her down
- Teasing the whole time/being a clown

**And here’s how to tease women the right way:**

- Playfully disagree with her
- Accuse her of hitting on you
- Stereotype her in a fun way (i.e. “A Boston girl, huh? So you’re not familiar with the letter “r”?”)

(For more on this, check out this article: [How to Tease a Girl the Right Way](#))

### Hack #5: Be Present and Focused

Presence and focus is key in conversation. If your mind is drifting through hundreds of thoughts, women will pick up on it, and it will put a damper on the conversation.

So, how can you master presence and focus? The key is meditation.

Download a free app like Headspace and start meditating 10 minutes each morning.

This will drastically improve your ability to focus, have a clear head, and be more in the moment. Women will love you for this.

### Questions?

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